

Service Above Self

THE SILVER SAGE

BULLETIN OF THE ROTARY CLUB OF SILVER CITY

Helen Shoup, Editor

Rotary
Club of Silver City



May 22, 2018

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www.silvercityrotary.org

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Officers and Directors

President:	Joe Heidrick
President-Elect:	Peter Herzberg
Secretary/Treasurer:	Linda Telaak
Immediate Past President:	Suzanne Kavanagh
Club Service:	Anita Larson
Community Service:	Kathy Eaton
International Service:	Peter Herzberg
New Generations:	Francisca Reyes
Vocational Service:	Wendy Spurgeon
Sgt-at-Arms:	Jim Tindall
Senior Advisor:	Peter Fallev



**ROTARY:
MAKING A
DIFFERENCE**

Schedule: Future Meetings, Service Projects, and Special Events

Date: 2018	What's Happening
Tuesday, May 29	12:00 pm: Jeff Goin – Single Socks
Tuesday, June 5	12:00 pm: Karen Beckenbach – The GCCCA 2018-19 Season
June 23-26	Rotary International Convention in Toronto, Canada
Tuesday, June 26	12:00 pm: Club Assembly
Thursday, June 28	5:30 pm: Joe Heidrick's Demotion Party [Peter Herzberg's Home]



Meeting Notes

Past President Suzanne Kavanagh rang the bell at 12:12 pm after we had socialized for a few minutes. **William Knuttinen** led the Pledge of Allegiance, **Paul Moore** gave the Invocation, and **Peter Falley** led the Four-Way Test.

Guests

- **Nkechi Nwachuku** introduced her 2 daughters, Chidinma and Kelechi.



Nkechi Nwachuku Chidinma Nwachuku Kelechi Nwachuku



- **Jack Herndon** introduced his daughter Ashley:



- **Max Higgs** introduced Dr. Gilbert Arizaga, our speaker for today.



Gilbert Arizaga Kelechi Nwachuku

Rotary Announcements

Suzanne Kavanagh announced:

- We need speakers for June 12th and 26th.
- **Peter Falley** sent out the By-Laws that will be voted on May 29th. **Sunny Kellerman, Linda Telaak, Joe Heidrick, Francis Reyes,** and **Peter Falley** made up the committee that worked on the By-Laws.
- The Strategic Plan was also worked on.

Peter Falley talked about the Foundation Board, elections on June 12th for the board. Please let him or **Suzanne Kavanagh** know if you are interested in joining the board. The board meets the 2nd Tuesday of every month.

Non-Rotary Announcements

- **Suzanne Kavanagh** announced the Blues Festival this weekend at Gough Park.
- **Paul Moore** had a flier for SPIN (Supporting People in Need). There will be food, fun, music, and talk at the meeting at the Commons on June 12 at 5:30 pm.

Braggs and/or Happy Dollars

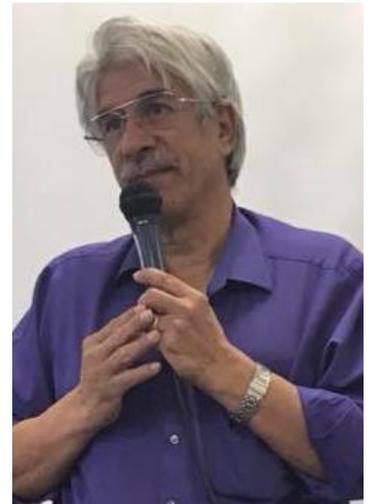
- **Anita Larson** told us that **Paul Moore** received his Doctorate last Thursday and Karisse went with him.
- **Max Higgs** told us that **Paul Moore's** bride Karisse was announced educator of the Year for 2018.
- **Anita Larson** fell off the bed and got a black eye; she just wants to be back to normal.
- **Maggie Veeder** has a birthday today; **Francis Reyes** suggested the club sing "Happy Birthday" to her.

Program

Max Higgs introduced Dr. Gilbert Arizaga who spoke about Holistic Medicine and the Four Directions.

Dr. Arizaga talked about 4 directions or 4 concepts; we always begin in the East (52%) for wind, grain, energy expended in taking care of self, respiration, maintenance of our own health, light; South (13%) for fire, children, community, hydration, wisdom, love; West (26%) for water, vegetables, relationship with a partner, family, rest, maintenance of our Freedom; and North (9%) for maintenance of our conscience, nutrition, ancestors, protein, and earth.

Quieting the mind allows us to move into the eternal space. Rosemary is used to sweep the lower energy that is not required; blessed water is used for a different energy!



Raffle

Paul Moore won the 50-50 raffle.

Attendance

We had 20 of 29 active members in attendance, or 69%.

Gallery



William Knuttinen

Francis Reyes



Mark Richard

Wendy Spurgeon

Paul Moore



Linda Telaak

Gilbert Arizaga